

Lunch

£7.99

12.00 PM – 3.00 PM

Starter (2 pieces)

*Please select one dish

Spring Rolls

Crispy spring rolls generously packed with a vegetable filling, served with sweet chili sauce.

Toong Tong

Minced prawn and chicken flavoured with sweet corn, carrot, potatoes wrapped in rice paper sack and deep-fried until crispy golden brown served with plum sauce.

Gai Satay

Marinate tender chicken breast, char-grilled on bamboo skewers, served with peanut sauce.

Tord Mun-Plar

Deep-fried Thai spicy fish cakes served with cucumber relish.

Chicken on Toast

Deep fried marinated minced chicken on sesame bread served with sweet chili sauce.

Tord Mun Khao Pode

Sweet corn cake served with sweet chili sauce.

Main

(Chicken, Pork, Beef, Lamb, Tofu or Mixed vegetables)
(Added £2.50 for Prawn, Seabass or Seafood)

*Please select one dish

Gang Kiew Wan

The most classic dish with Green curry in coconut milk with an aromatic selection of Thai herb, aubergine, bamboo slices, red pepper, long chili and sweet basil leaves.

Gang Massaman

A southern Thailand speciality dish in mild massaman curry sauce with peanut, potatoes, onion and topped with fried shallots

Phad Himmapharn

Stir fired with cashew nut, spring onion, onion, baby corn, mushroom and dry red chili.

Kra-Praow

Stir-fried with fresh chili, fresh Thai basil leaves, fine beans, onion and mushroom.

Phad Khing

Stir-fried with fresh ginger, spring onion, onion, red pepper, celery, black mushroom.

Phad Peaw-Wan

Thai style sweet and sour stir-fried pineapple, spring onion, onion, cucumber, tomatoes with home-made sweet and sour sauce.

Early

£12.99

Sunday - Thursday 3.00 PM – 6.00 PM
Friday – Saturday 3.00 PM – 5.30 PM

Starter

*Please select one dish

Gai Satay

Marinate tender chicken breast, char-grilled on bamboo skewers, served with peanut sauce.

Toong Tong

Minced prawn and chicken flavoured with sweet corn, carrot, potatoes wrapped in rice paper sack and deep-fried until crispy golden brown served with plum sauce.

Pla Muek Tord

Deep fried calamari, lightly coated in home-made spice.

Thai Dumplings

Steamed dumplings of marinated minced pork and prawns topped with crispy garlic and served with home-made sweet soy sauce.

Goong Chup-pang Tord

A simply the best crispy deep fried prawns in bread crumbs served with sweet chili sauce.

Spare Ribs

Deep fried pork spare ribs marinated in Thai red wine sauce.

Tord Mun Khao Poda

Sweet corn cake served with sweet chili sauce.

Spring Rolls

Deep-fried spring rolls filled with vermicelli and mixed vegetables and served with sweet chilli sauce.

Tom Yum Soup (Chicken, Mushroom or Mixed vegetables) (Added £2.50 for Prawn)

Favourite Thai cleared hot and sour soup, seasoned with lime, lemon grass, mushroom and chili, galangal with chicken.

Tom Kha Soup (Chicken, Mushroom or Mixed vegetables) (Added £2.50 for Prawn)

A delightful soup with rich coconut milk and fragrant with elusive flavour of galangal.

Main

(Chicken, Pork, Beef, Lamb, Tofu or Mixed vegetables)

(Added £2.50 for Prawn, Seabass or Seafood)

*Please select one dish

Gang Kiew Wan 🌶️🌶️🐟

The most classic dish with Green curry in coconut milk with an aromatic selection of Thai herb, aubergine, bamboo slices, red pepper, long chili and sweet basil leaves.

Gang Dang 🌶️🌶️🐟

Red curry in coconut milk with aromatic selection of Thai herbs, aubergine, bamboo slices, red chili and sweet basil leaves.

Gang Massaman 🌶️🐟🥜

A southern Thailand speciality dish in mild massaman curry sauce with peanut, potatoes, onion and topped with fried shallots

Panang Curry 🌶️🌶️🍖🐟

A slowly cooked in rich and aromatic Panang sauce with lime leaves and sweet basil leaves.

Kra-Praow 🌶️🌶️🌶️🍄🐟

Stir-fried with fresh chili, fresh Thai basil leaves, fine beans, onion and mushroom.

Phad Khee-mao 🌶️🌶️🌶️🍄🐟

Stir-fried with long red chili, bamboo shoot, baby corn, chili, pepper corn, fine beans, onion and hot basil.

Katiam Pik Thai 🍄🍄

A slowly fried with garlic and ground white pepper and spring onion.

Nammun Hoi 🍄🍄

Stir-fried with asparagus and black mushrooms, baby corn flavoured with oyster sauce topped with fried garlic.

Phad Himaparn 🥜🍄🍄

Stir fired with cashew nut, spring onion, onion, baby corn, mushroom and dry red chili.

Phad Thai Goong 🥜🐟🍳

The most popular Thai fried rice noodles with prawns, bean sprouts, ground peanut, egg and chives.

Polan
Authentic Thai cuisine